

#### **Support in Action.**

The services ICW provides or helps you access will depend upon your situation and needs, but here is one example of how ICW can help.

A mother of young children was admitted to the hospital, requiring a lengthy stay and rehabilitation. Her spouse worked several jobs, their rental home was being sold, and they did not have family nearby. ICW worked with providers and community support systems to help the family:

- Access medical equipment and supplies
- Set up home health services
- Arrange caregiver services, so that her spouse would not miss work
- Locate a new rental property and assist with the move
- Complete SSI and other forms
- Schedule virtual care visits to limit travel
- Connect the family to resources for transportation, food, clothing, and other needs



### ICW is Here to Help.

Providers and patients can contact us directly via:

Phone: Fax:

206-724-0867 206-834-6000

#### **Email:**

medmanagement@ic-wa.org

#### **Mailing address:**

PO Box 24897, Seattle, WA 98124

### Independent Clinics

OF WASHINGTON

## **Together in Wellness**

Bridging Health and Community Support



Independent Clinics of Washington (ICW) provides in-depth services to help patients of ICW providers manage both simple and complex health issues and provide access to social services – all at no charge.



# **Supporting Patients and Providers.**

Independent Clinics of Washington (ICW) helps streamline communication and information exchange between you, your provider, and other health services staff to ensure positive outcomes and improved coordination.

ICW personalized care is designed to provide you with the tools, resources, and support you need to help manage your care, understand and navigate the healthcare system, and ultimately improve your quality of life.

#### We Will:

- Help you assess your situation
- Work with you to develop a plan
- Access services you may need like childcare or translation assistance
- Help you set and meet your health goals





## **Care for Every Situation.**

Every patient and health situation is unique. ICW offers a variety of support and coordination services, all at no cost to you. Services may include:



Hospital discharge/emergency department support



Transportation services



Stages of care support, including nursing facilities, home health, in-home services



Guidance with Social Security
Disability



Connection to Durable Medical Equipment



Referral to mental health resources near you



Healthcare navigator



Navigating insurance and financial concerns



Community resources



Housing and food assistance



And more!

